



# NARAYANA COLLEGE OF NURSING

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## Activity on Mental health in an unequal World

On June 6, 2022, the NSS Unit of Narayana College of Nursing, in collaboration with the Mental Health Nursing department, organized an activity titled "Mental Health in an Unequal World" at Saraswathi Nagar. The initiative aimed to raise awareness about the disparities in access to mental health care for marginalized communities, especially those living in poverty. Faculty members and first-year students actively participated, engaging in discussions and activities that highlighted the challenges faced by these populations. Informative materials were shared to educate attendees on the importance of equitable mental health services. The event successfully fostered a greater understanding of mental health inequalities and emphasized the need for inclusive solutions. Overall, it was a meaningful contribution to promoting mental health awareness in the community. 41 participants and 25 village peoples are benefited through this program.



Awareness on Activity on Mental health in an unequal World, Saraswathi Nagar on 6 June

2022

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## Campaign for a Plastic-Free Environment

On July 2, 2022, the NSS Unit of Narayana College of Nursing organized a "Campaign for a Plastic-Free Environment" at Dakkalivaripalem. The initiative aimed to reduce plastic waste in the community by a targeted percentage over the campaign duration. Faculty members and fourth-year students actively participated in the event, engaging with residents through informative discussions and awareness activities. Educational materials were distributed to highlight the impact of plastic pollution and promote sustainable alternatives. The campaign successfully fostered community involvement and encouraged residents to adopt eco-friendly practices. Overall, it was a meaningful effort to promote environmental awareness and contribute to a cleaner, healthier community. 47 participants and 22 village peoples are benefited through this program



Awareness on Campaign for a Plastic-Free Environment, Dakkalivaripalem on 2 July 2022

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## Raising Awareness about Suicide Prevention

On September 10, 2022, the NSS Unit of Narayana College of Nursing, in collaboration with the Mental Health Nursing department, organized an event titled "Raising Awareness about Suicide Prevention" at Venkatachalam. The initiative aimed to reduce stigma surrounding mental health issues and encourage open conversations to prevent suicides. Faculty members and second-year students actively participated, engaging the community through informative discussions, interactive sessions, and sharing personal stories to foster understanding. Educational materials were distributed to highlight warning signs and resources for support. Overall, the program successfully promoted awareness and created a supportive environment for those in need, emphasizing the importance of communication and community involvement in suicide prevention. 50 participants and 25 village peoples are benefited through this program



**Raising Awareness about Suicide Prevention, Venkatachalam on 10 Sep 2022**

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## Education on Alzheimer's Care and Support

On September 21, 2022, the NSS Unit of Narayana College of Nursing, in collaboration with the Mental Health Nursing department, organized an event titled "Education on Alzheimer's Care and Support" at Saraswathi Nagar. The initiative aimed to raise awareness about the challenges faced by individuals with Alzheimer's disease, as well as their families and caregivers. Faculty members and fourth-year students actively participated, engaging the community through informative discussions and practical demonstrations on effective caregiving strategies. Educational materials were distributed to enhance understanding of the disease and available support resources. Overall, the program successfully promoted awareness and empathy, empowering attendees to provide better care and support for those affected by Alzheimer's. 80 participants and 35 village peoples are benefited through this program



Education on Alzheimer's Care and Support, Saraswathi Nagar on 21 Sep 2022

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## REPORT ON FILARIA CONTROL PROGRAM

An extension activity on the Filaria Control Program was organized on 11/11/2022 by Narayana College of Nursing, Venkatachalam, Nellore, with the aim of creating awareness about lymphatic filariasis and promoting preventive health practices in the community. The program was conducted in collaboration with local health authorities and actively involved 50 nursing students and 4 faculty members from the Department of Community Health Nursing. A total of 52 community members participated in the event, which included health education sessions, distribution of IEC (Information, Education, and Communication) materials, and demonstrations on mosquito breeding prevention. The activity emphasized the importance of drug compliance and encouraged community involvement in filaria control. The program successfully enhanced public understanding of the disease and provided students with valuable field-based learning experience.



Fig: 1, Door to door survey to rule out risk factors

*[Signature]*  
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## Filaria Control Program

### Student Attendance 11/11/2022

S No	Name of the Student	Reg No
1	Ms. Aksa Elisabeth Thomas	20N101009001
2	Ms. Akshaya Shibu	20N101009002
3	Ms. Aleena Anna Jogy	20N101009003
4	Ms. Aleena Babu	20N101009004
5	Ms. Aleena Baby	20N101009005
6	Ms. Aleena Benny	20N101009006
7	Ms. Aleena K J	20N101009007
8	Ms. Aleena Maria Babu	20N101009008
9	Ms. Aleena Roy	20N101009009
10	Ms. Aleena Shaji	20N101009010
11	Ms. Aleenamol Reji	20N101009011
12	Ms. Alphiya Susan Varghese	20N101009012
13	Ms. Ancy Cheriyan	20N101009014
14	Ms. Aneeta T M	20N101009015
15	Ms. Angel Rijju	20N101009016
16	Ms. Anijamol Sebastian	20N101009017
17	Ms. Anisha Anil	20N101009018
18	Ms. Anitta Joy	20N101009019
19	Ms. Annette Selin Mathew	20N101009020
20	Ms. Ansu Raj	20N101009021
21	Ms. Anu Elizabeth Thomas	20N101009022
22	Ms. Anupama Biju	20N101009023
23	Ms. Anupriya Dennis	20N101009024
24	Ms. Aparna Bose	20N101009025
25	Ms. Arathy M V	20N101009026
26	Ms. Archana Biju	20N101009027
27	Ms. Arya S Nair	20N101009028
28	Ms. Arya Thankachan	20N101009029
29	Ms. Ashamol A K	20N101009030
30	Ms. Ashina S	20N101009031
31	Ms. Ashna Jinto	20N101009032
32	Ms. Ashna Jose	20N101009033
33	Ms. Athira Vinod	20N101009034
34	Ms. Axea P Aby	20N101009035

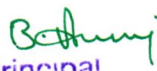


35	Ms. Ayona Sabu	20N101009036
36	Ms. Bijimol Antony	20N101009037
37	Ms. Bismi Maria	20N101009038
38	Ms. Christeena Baiju	20N101009039
39	Ms. Daggupati Bhuvaneswari	20N101009040
40	Ms. Dattam Pujitha	20N101009041
41	Ms. Deepthi Satheesh	20N101009042
42	Ms. Deethi Thomas	20N101009043
43	Ms. Dona Benny	20N101009044
44	Ms. Elsa Reji	20N101009045
45	Ms. Elsitta Jiji	20N101009046
46	Ms. Emilin Issac	20N101009047
47	Ms. Febin Reji	20N101009048
48	Ms. Gayathri Jaledhan	20N101009049
49	Ms. Giya Mol Abraham	20N101009050
50	Ms. Hridya Maria	20N101009051



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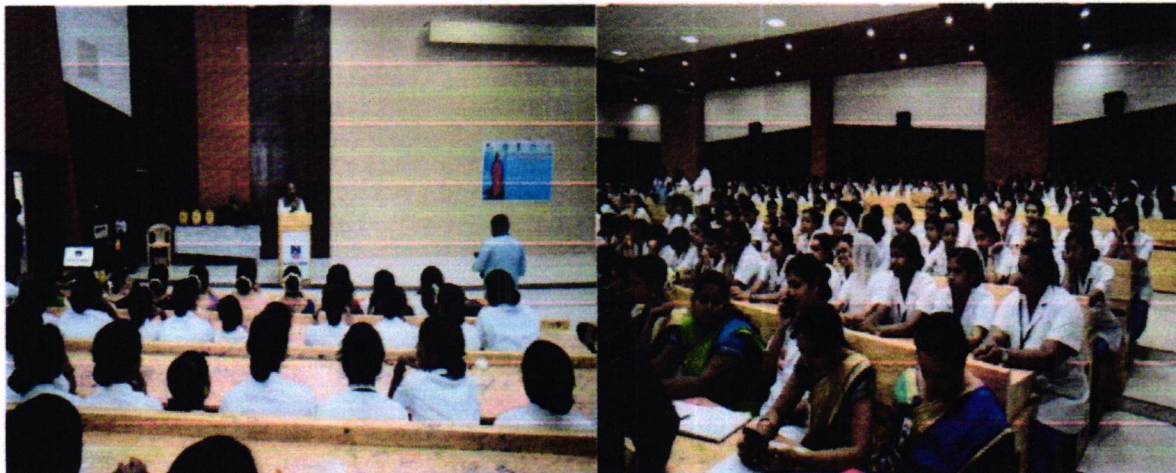
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## Youth Leadership Competitions

On January 11, 2023, the NSS Unit of Narayana College of Nursing organized the "Youth Leadership Competitions" at Kamakshi Nagar. The initiative aimed to empower youth by recognizing their potential to drive social change and development. Faculty members and fourth-year students actively participated, engaging the community in various competitions designed to showcase leadership skills, creativity, and innovative ideas. Participants presented their projects and initiatives focused on addressing social issues, fostering a spirit of collaboration and inspiration among peers. The event successfully highlighted the importance of youth involvement in community development and encouraged participants to take an active role in creating positive change. Overall, it was a meaningful effort to nurture leadership qualities in the younger generation. 60 participants and 30 village peoples are benefited through this program



Awareness on Youth Leadership Competitions, Kamakshi Nagar on 11 Jan 2023

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## Art for Advocacy: Save the Girl Child


The NSS Unit of Narayana College organized the "Art for Advocacy: Save the Girl Child" event on January 24, 2023, in T P Gudur. This initiative aimed to raise awareness about gender bias and promote the importance of girls' welfare in society. Through various art forms, participants expressed their commitment to advocating for the rights and education of girls. Faculty members and second-year students actively engaged in discussions and activities, fostering a collaborative spirit. The event successfully highlighted the significance of gender equality and the need for effective welfare services. Overall, it served as a platform for community involvement and social change. 65 participants and 42 village peoples are benefited through this program



Awareness on Art for Advocacy: Save the Girl Child, T P Gudur on 24 Jan 2023

  
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## Community Support for Deworming Program

The NSS Unit of Narayana College organized a "Community Support for Deworming Program" on February 10, 2023, at Dakkilivari Palem. The initiative aimed to reduce worm burden in the community, particularly focusing on heavily-infected children, as high-intensity infections can lead to significant morbidity. Faculty members and first-semester students actively participated, educating residents about the importance of deworming and its health benefits. The program included distribution of medication and awareness sessions on hygiene practices. By addressing this critical health issue, the event aimed to enhance the overall well-being of the community and promote healthier lifestyles for children. 50 participants and 29 village peoples are benefited through this program



Community Support for Deworming Program, Dakkilivari Palem on 10 Feb 2023

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## Awareness for Prevention, diagnosis & treatment of osteoporosis

The NSS Unit of Narayana College organized an awareness program on the "Prevention, Diagnosis, and Treatment of Osteoporosis" on February 27, 2023, at Kamakshi Nagar. This initiative aimed to assess and enhance the community's understanding of osteoporosis, focusing on its risk factors and health implications. Faculty members and MSc students actively participated, engaging in informative sessions and discussions about the condition's prevention and management. The program highlighted the importance of early diagnosis and lifestyle choices that can mitigate risks. By fostering awareness, the event aimed to empower individuals to take proactive steps toward maintaining bone health and improving overall well-being. 9 participants and 20 village peoples are benefited through this program



Awareness for Prevention, diagnosis & treatment of osteoporosis, Kamakshi Nagar on 27 Feb 2023

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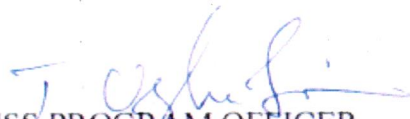


## Community Awareness on STDs


The NSS Unit of Narayana College of Nursing organized a "Community Awareness on STDs" event on March 16, 2023, at T P Gudur. This initiative aimed to raise awareness about sexually transmitted infections (STIs) and their impact on individuals and communities. Faculty members and first-year and Post Basic BSc Nursing students actively participated, engaging in informative discussions, workshops, and interactive sessions. The program provided valuable insights into prevention, diagnosis, and treatment options for STIs. By fostering open dialogue and dispelling myths, the event aimed to empower the community with knowledge, promote safe practices, and encourage healthier relationships. 19 participants and 20 village peoples are benefited through this program

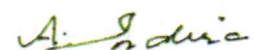


Community Awareness on STDs, T P Gudur on 16 Mar 2023

  
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## Child Immunization through Pulse Polio Program

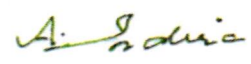
The NSS Unit of Narayana College organized the "Child Immunization through Pulse Polio Program" on March 3, 2023, at Venkatachalam. This initiative aimed to immunize children effectively while enhancing social mobilization efforts. Faculty members and third-year students actively participated in the event, which included vaccination drives and awareness campaigns to inform the community about the importance of polio immunization. The program also focused on conducting mop-up operations in areas where the poliovirus had nearly disappeared, ensuring a sustained high level of public morale and engagement. By fostering community support, the event contributed significantly to the fight against polio and promoted the health and well-being of children. 60 participants and 23 village peoples are benefited through this program




Awareness on Child Immunization through Pulse Polio Program, Venkatachalam on 3 Mar 2023

  
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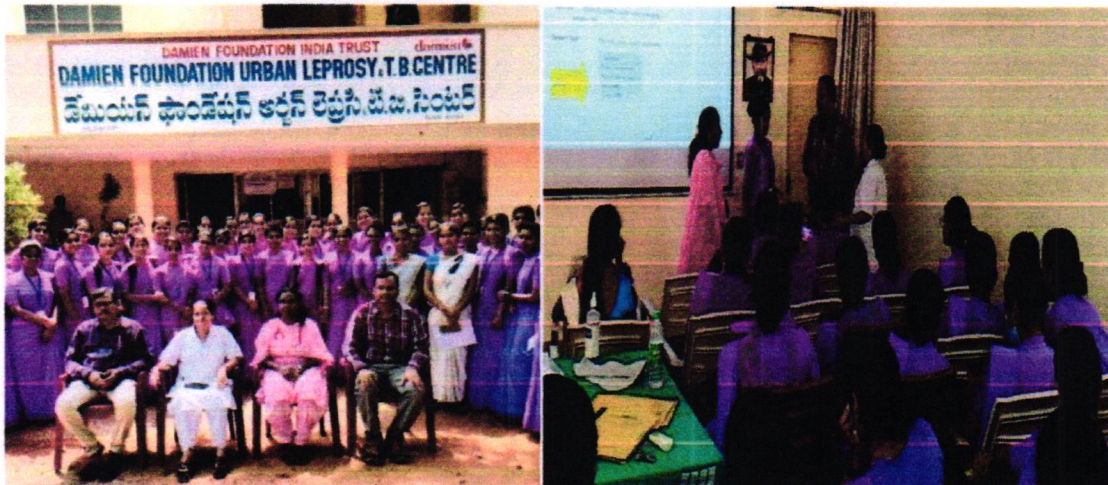
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## Organizing Education on Leprosy Prevention and Treatment

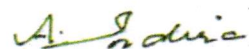
The NSS Unit of Narayana College organized an event on "Education on Leprosy Prevention and Treatment" on January 30, 2023, in Kakatur. This program aimed to eliminate the stigma surrounding leprosy and enhance the dignity of individuals affected by the disease. Faculty members and third-year students participated actively, engaging in informative sessions that promoted awareness and understanding. The event included discussions on prevention, treatment options, and the importance of community support. By fostering a compassionate approach, the initiative contributed to breaking down barriers and encouraging inclusivity. Overall, it was a significant step towards improving the lives of those affected by leprosy. 64 participants and 45 village peoples are benefited through this program



Organizing Education on Leprosy Prevention and Treatment, Kakatur on 30 Jan 2023

  
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## Education on Safe Blood Donation and Transfusion


On June 12, 2021, the NSS Unit of Narayana College of Nursing is hosting a webinar on Safe Blood Donation and Transfusion at Venkatachalam. This event aims to raise awareness about the critical need for safe blood and blood products, emphasizing the importance of voluntary, unpaid blood donation. Faculty members and third-year students are encouraged to actively participate, fostering a deeper understanding of the impact of blood donation on saving lives. The webinar will feature expert speakers who will share valuable information and express gratitude to blood donors for their life-saving contributions. Overall, the event seeks to inspire a culture of voluntary blood donation within the community. 54 participants and 20 village peoples are benefited through this program.




Awareness on Safe Blood Donation and Transfusion, Venkatachalam on 12 June 2021

  
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